



The 8-Point Senior Dog Home Check

A few quiet minutes, once a month, to learn your dog's normal.

Dog's name: _____

Date of check: _____

Older dogs rarely make a fuss — they show change in small ways first. Tick anything new or different, and jot a note.

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1

Weight & body shape

Feels bonier or rounder than usual, or the collar suddenly fits differently.

Notes: _____

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2

Eating & drinking

Eating less or more slowly, leaving food, or drinking more water than usual.

Notes: _____

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3

Mouth & teeth

Bad breath, red gums, dropping food, or chewing on one side only.

Notes: _____

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4

Movement & rising

Stiffness, slow to get up, or hesitating at stairs, the couch or the car.

Notes: _____

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5

Toilet habits

Urinating more, straining, or accidents that are out of character.

Notes: _____

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6

Lumps & skin

Any new lump or growth, or changes to an existing lump, skin or coat.

Notes: _____

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7

Sleep & behaviour

Restless nights, more daytime sleeping, confusion, or withdrawing from the family.

Notes: _____

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8

Breathing & energy

A cough (worse at night or after exercise), tiring easily, or less interest in walks.

Notes: _____

Ticked one or more boxes?

None of these is a diagnosis on its own — but together they show what has changed. Two or three small changes together are a good reason to book a senior health check with the Hilltop team.

Book a Senior Health Check:

Phone: (08) 9257 1115

Website: www.hilltopvet.com.au

Address: 4 Canning Road, Kalamunda, WA 6076

Local care. Lifelong trust.